



Week 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Meat / Fish meal deal	Pork meatballs in tomato sauce served with tagliatelle and herby bread	Beef chilli served with rice and garlic bread	Cottage pie served with seasonal vegetables	Chicken tikka curry served with vegetable rice and naan bread	Salmon served with a herby coating orange mayonnaise, broccoli and sliced potatoes
Vegetarian meal deal	Cheese & tomato pizza served with chips, vegetables or salad	Onion bhaji burger in a wrapped naan served with salad & wedges	Vegetable stir fry served with garlic bread	Cheese & leek potato bake	Vegetarian tikka curry served with rice & naan bread
Sweet of the day	Chocolate & raspberry brownie Or Currant fingers	Orange & sultana sponge with custard Or Jelly with fruit	Bakewell tart with custard Or Flapjack	Irish fruit cake Or Chocolate muffins	Jam & coconut sponge & custard Or Rock Buns
Sweet of the day	Biscuits, fruit or yoghurt	Biscuits, fruit or yoghurt	Biscuits, fruit or yoghurt	Biscuits, fruit or yoghurt	Biscuits, fruit or yoghurt
Hot sandwich Meal	Hot sandwich choice	Hot sandwich choice	Hot sandwich choice	Hot sandwich choice	Hot sandwich choice
Soup of the day	Fresh homemade soup with bread roll	Fresh homemade soup with bread roll	Fresh homemade soup with bread roll	Fresh homemade soup with bread roll	Fresh homemade soup with bread roll

We also offer jacket potatoes with various fillings; a choice from either the cold sandwich bar or the Pasta King Bar
All items are subject to availability